WE'VE GOT YOU COVERED

Umbrella Care Management

Coordinated care solutions for seniors and the disabled

Providing Certified Geriatric Care Management & Patient Advocacy

HUDSON VALLEY | NEW YORK CITY | NORTHERN NEW JERSEY | LONG ISLAND | PENNSYLVANIA

845 723 0536 | www.UmbrellaCareManagement.com

Common Caregiver Concerns

MY LOVED ONE:

Shows signs of dementia.

May be unsafe at home or while driving.

Sees several different doctors who infrequently communicate with each other – or me.

Is confused by the many medications he/she takes.

Is prescribed medications by different doctors.

Neglects to ask doctors the hard questions or accurately relay information.

May require at-home care or need to spend time in a nursing home.

"Not only has (Barbara) steered my aunt (who lives in New York City) through the healthcare system and subsequent therapy so that she is now back in her own apartment, but she has also become a ***very kind and trusted confidant to her.*** *Barbara always provided or arranged discrete support to take care of the practicalities, and* ***never lost sight of my aunt's quality of life*** *and how important her independence is to her.* ***The whole family feels very lucky that we found Barbara."***

ROBIN COOKE-HURLE
(UNITED KINGDOM)

Umbrella Care Management Can Help!

Addressing the various needs of an aging loved one can be incredibly stressful and frustrating. Challenges like distance, personal conflict, and time constraints are only compounded by our often convoluted healthcare system.

Umbrella Care Management's certified case managers can help overcome those challenges by providing expert guidance and strong patient advocacy. We take a patient-centered approach to healthcare management, evaluating each patient's "whole picture" to create a holistic plan that addresses varied but often interrelated problems.

Our Geriatric Care Managers:

- **Advocate** in the best interest of the client and the family.
- **Understand** the complexity of our healthcare system.
- Are the **"eyes and ears"** for distant family members.
- **Alleviate** the strain that can creep in between child and parent in role-reversal situations.
- Carefully **address** difficult interpersonal issues.

Trust our experts to provide the guidance you need to navigate these difficult situations, alleviate stress, and save you time away from work and your family.

Umbrella Care Management

Providing Geriatric Care Management
And Patient Advocacy For Seniors And The Disabled

14 Benefits*

A Geriatric Care Manager Can Provide:

1. Coordination of medical services
2. Consistent communication
3. Professional assessment/quality assurance monitoring of acute/long-term care facilities
4. Individualized care plans
5. Regular in-home welfare checks
6. Home/vehicle safety evaluations
7. Patient assessments
8. Palliative/hospice care planning/counseling
9. Coordination of community/ professional resources
10. Mediation for difficult interpersonal issues
11. Advocacy for patient and family
12. Compassionate listening
13. Support/advocacy at appointments when family is unavailable
14. Elder counseling

(*This list is not all-inclusive, and dependent on level of assistance requested/required.)

*"**I have never met someone who has so far exceeded my expectations.** Barbara is helping me get my parents situated into a nursing home and helping me with their estate, their house, and all the details.*

*She is unbelievable... just really **the perfect mix of someone who can get things done and someone who brings her heart with her.** I feel like the luckiest person. She's so competent and so caring. **Barbara saved my life."***

ANDREA MARTIN

"Several months ago my friend faced a multi-faceted, life-threatening mental and physical crisis. Family circumstances meant that he was essentially alone… he was bouncing in and out of hospital emergency rooms, unable to get the medical help he needed or to take care of himself at home.

I cannot imagine that there are many problems of caregiving as complex and difficult as the one Barbara walked into when she first went to meet my friend. *As soon as I was able to get in touch with her, she started to do what needed to be done. She arranged living arrangements and dealt with multiple health professionals. She has been an answer to prayer.*

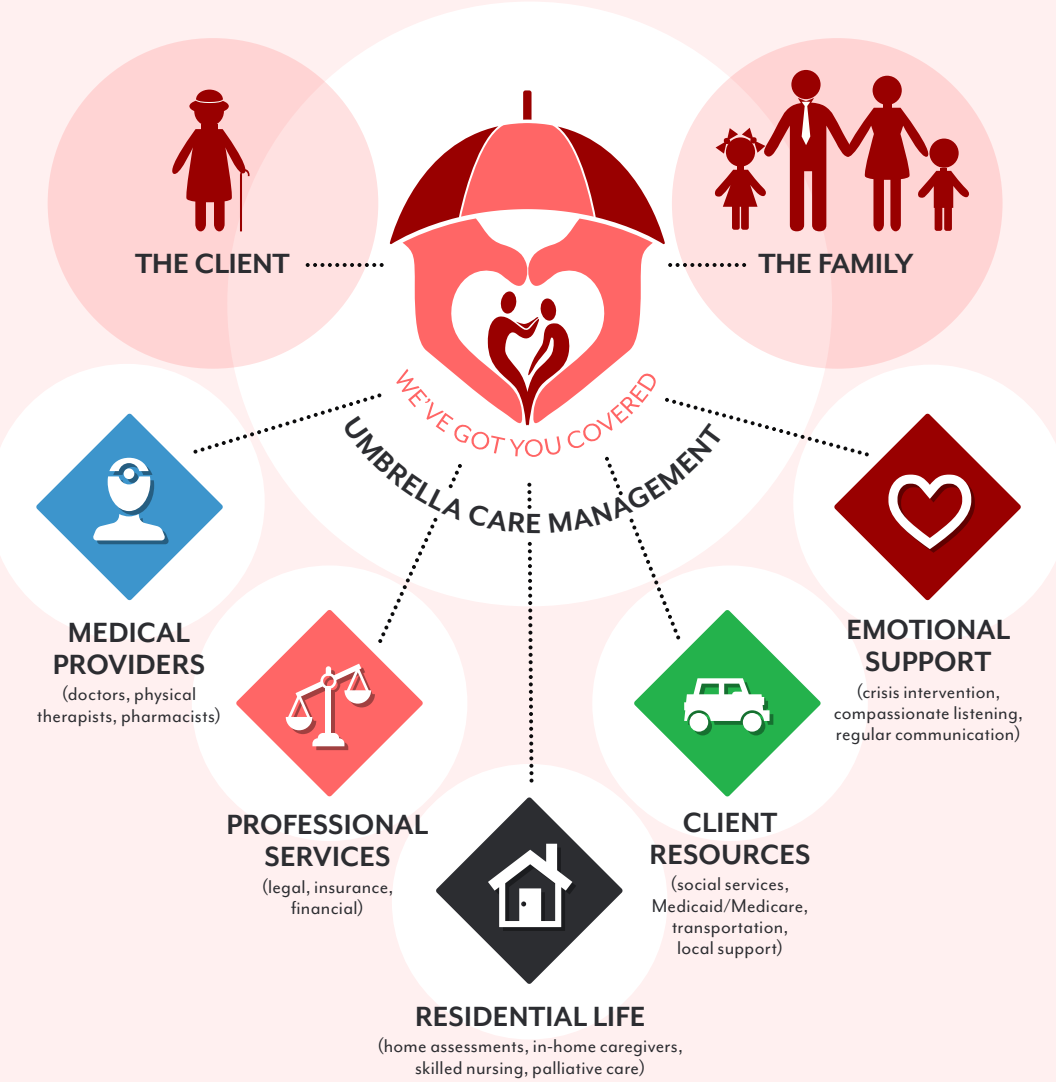
I am profoundly grateful to Barbara for what she has accomplished."

ANDREW KULL

Umbrella Care Management

is the premier

Geriatric Care Management & Patient Advocacy Solution.



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Umbrella Care Management
Co-Founder & President
Barbara Wilhelmy

Umbrella Care Management Co-Founder Barbara Wilhelmy is a Registered Nurse who has two decades of experience in case management and discharge planning. Equally as important, she has also been a caregiver to her 90-year-old grandmother and chronically ill, disabled father-in-law for many years. Her experiences on both sides of the aisle have given her a unique understanding of the complexities involved in navigating the worlds of medical care, social programs, and entitlement eligibility.

It's that understanding that has shaped Umbrella Care Management's mission: **to ensure the best possible quality of life for our clients, and to provide peace of mind for their caretakers.**

WE'RE HERE TO HELP.

We encourage you to reach out with any questions or concerns you may have regarding senior and/or disabled care.

info@UmbrellaCM.com
www.UmbrellaCareManagement.com

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ALL BOROUGHS

New Jersey: (973) 318-9337
BERGEN COUNTY

Long Island: (516) 243-7459
NASSAU AND SUFFOLK COUNTIES

Pennsylvania: (484) 506-2766
PIKE COUNTY

www.UmbrellaCareManagement.com

ALCA (i)™
AGING LIFE CARE ASSOCIATION
MEMBER

NEW YORK STATE CERTIFIED
WBE
WOMEN BUSINESS ENTERPRISE

MS®
National Multiple Sclerosis Society
Official Care Management Partner

Umbrella Care Management has met the stringent eligibility requirements and rigorous testing to receive the Commission for Case Manager Certification. This designation requires that we adhere to a strict code of ethics and standard of practice. As a certified member of the National Association of Professional Geriatric Care Managers, our team has met additional educational and professional criteria specifically related to caring for the elderly, and are further beholden to a code of ethics and standards of practice.